

# VOICE OF EMMANUEL SEEDS OF HOPE!

## Note from our Pastor

Beloved in the Lord,

Lent is a time of introspection, and even penance, as we look forward with humble awe and deep gratitude to the celebration of Jesus' resurrection. The term "Lent" comes from the Old English word *lencten*, which referred to the "lengthening" of the daylight hours during spring.

Lent is also known as a time to "give things up". Chocolate, soft drinks, name your vice... But Lent should not be a time to simply diet. It is so much more. Lent is a time of self-reflection, remembering what God has done for us. So here is something to think about:

### Do You Want to Fast This Lent?

Fast from hurting words and say kind words.  
Fast from sadness and be filled with gratitude.  
Fast from anger and be filled with patience.  
Fast from pessimism and be filled with hope.  
Fast from worry and have trust in God.  
Fast from complaints and contemplate simplicity.  
Fast from pressures and be prayerful.  
Fast from bitterness and fill your hearts with joy.  
Fast from selfishness and be compassionate to others.  
Fast from grudges and be reconciled.  
Fast from words and be silent so you can listen.



I am not suggesting that any of these things are easy. They are not. But God calls us to do hard things. If you can do any of these things, you will find that this Lent, your life is richer, and you have a deeper understand and appreciation of the sacrifices Jesus made for us. Something to think about.

Together in ministry,

*Pastor Judy*



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FEBRUARY 7, 2024

### Voice of Emmanuel Seeds of Hope!

#### ELC Seeds of Hope

is published weekly to  
keep members and  
friends together during  
there time of physical  
distancing!

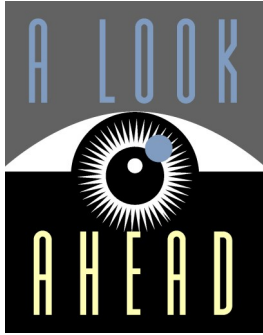
**Information  
submitted for  
publication must  
be received by  
Tuesday of Each  
week.**

**e-mail to  
lifewithemmanuel  
@gmail.com**

#### Mission Statement:

As the body of Christ,  
fed and nourished  
through worship, we  
are called to serve all  
people, through the use  
of our gifts to proclaim  
God's justice, mercy  
and love.

*Our Vision: Striving to  
Thrive with Vitality!*



## February 10

The Sundays after Epiphany began with Jesus' baptism and end with three disciples' vision of his transfiguration. In Mark's story of Jesus' baptism, apparently only Jesus sees the Spirit descending and hears the words from heaven. But now Jesus' three closest friends hear the same words naming him God's Beloved. As believers, Paul writes, we are enabled to see the God-light in Jesus' face, because the same God who created light in the first place has shone in our hearts to give us that vision. The light of God's glory in Jesus has enlightened us through baptism and shines in us also for others to see.



Oh, no! The cubbord's are bear!!

The Quilting group needs fabric and or money donations.

Please and Thank You!



Shirley Barnes, Polly Bryant, Peggy Buckner, Kathy Cromer, Laura Cromer, Cecelia Driscoll, James Gantt, Pat Hance, Tonya Lawson, Suzette James, Glenn Mosteller, Trudy Perkins, Jim Sain, Paula Turner, Joan Warren, Rick Norine and family (cousin of Barbara O'Neill), Evelyn Cochrane (neighbor of Susan McConnell), Drew Milholland (Pastor Mike), Jane Smith (mother of Kathy Cromer), April Wellman (Susan Boyd), Rosa Guerra (Susan Boyd), Rob Gregor (Susan Boyd), Anita Cable (mother in law Ashley Peaslee), Charles Ferguson (son-in-law Judy Blanc), Bill Gibbs Jr. (Amy Brown), Ken Smith (brother of Kathy Cromer), J.L. Morris (Susan Boyd), Jay Puckett (Carol Wise), Lenard McIlveen (brother of Marianne Doehling), Vinnie Viscarello (son-in-law Dot Swart), Quaid Mincey (Jennifer Huskey), Robert 'Chip' Jackson (Linda Goodson)



A boy asks his father to use the car and the father replies "No, not until you cut your hair!".

The boy replies "But father...Jesus had long hair!"

To which his father says, "Yeah, but Jesus walked everywhere."



### ?? ? Bible Quiz ? ??

In the Song of Hannah, Hannah celebrates the birth of a boy who will grow up to a man dedicated to God. The Song of Hannah is similar to the Song of Mary (The Magnificat). Who is the man that Hannah sings about?

1. The prophet Hosea
2. The prophet Isaiah
3. The prophet Nataniel
4. The prophet Micah
5. The prophet Samuel

SING  
SONGS  
OF **PRAISE.**

Answer: 5 – 1 Samuel 2:1-10

### 2024 Community Lenten Services FUMC Fellowship Hall

*12:00 pm – lunch (cost of meal: \$6.00) Worship 12:30 – 1:00 pm*

#### SPEAKER SCHEDULE:

February 14 Rev. Dr. Tim Roberts – First United Methodist Church

February 21 Rev. Ronnie Roseboro – Boger City United Methodist Church

February 28 Pastor Reed Conley – Artisan Church

March 6 Rev. Dr. Stanley Spence – First Baptist Church

March 13 Rev. Elizabeth Tester – St. Luke's Episcopal Church

March 20 Rev. Judy Drysdale – Emmanuel Lutheran Church



We hope you will join us for this time of reflection and devotion during the Season of Lent.

## Ministry in Action - February

	February 11	Ash Wednesday	February 18	February 25
Greeters	Todd Lanier Vera Lanier	Shannon Mitchem Mackenzie Mitchem	David Bynum Johnnie Bynum	Rudy Rudisill Paulette Rudisill
Lector	John Lafferty	Johnnie Gonzales	Ken Mast	Elizabeth Cloninger
Communion Asst.	Steve Lounsbury	Vera Lanier	Cathy Lounsbury	David Bynum
Acolyte	Hannah Brooks	Julie Leonhardt	Jennifer Little	Jennifer Huskey
Crucifer	Mary Ellen Bridges	Lent	Lent	Lent
Altar Flowers	John Lineberger	Lent	Lent	Lent

### Monthly Duties February 2024

Councilperson	Bob Lake			
Altar Guild	Rhonda Thompson	Cathy Lounsbury		Alison Zimtbaum
Ushers	John Cromer (Captain)	Leon Harmon James Gantt	Stephen Lounsbury Randy Zimtbaum	

Read: Mark 9 2-9

*Mark's gospel presents the transfiguration as a preview of what would become apparent to Jesus' followers after he rose from the dead. Confused disciples are given a vision of God's glory manifest in the beloved Son.*

<sup>2</sup>Six days later, Jesus took with him Peter and James and John, and led them up a high mountain apart, by themselves. And he was transfigured before them, <sup>3</sup>and his clothes became dazzling white, such as no one on earth could bleach them. <sup>4</sup>And there appeared to them Elijah with Moses, who were talking with Jesus. <sup>5</sup>Then Peter said to Jesus, "Rabbi, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah." <sup>6</sup>He did not know what to say, for they were terrified. <sup>7</sup>Then a cloud overshadowed them, and from the cloud there came a voice, "This is my Son, the Beloved; listen to him!" <sup>8</sup>Suddenly when they looked around, they saw no one with them any more, but only Jesus.

<sup>9</sup>As they were coming down the mountain, he ordered them to tell no one about what they had seen, until after the Son of Man had risen from the dead.

## Faith5 Corner by Bob Lake

### Transfiguration of Our Lord

**Share:** Share your highs and lows

**Read:** Mark 9:2-9

**Talk:** Slowly reflect on the reading. Do you ever wonder why Jesus told Peter, James, and John to keep silent until after He had risen from the dead? Was it because Jesus felt that they would not fully understand what had happened? Was it because Jesus felt that the people would not understand? That they would expect a military messiah? Or that the people would focus only on His being God's beloved and ignore Jesus' teachings on how to live? It was a hard secret to keep but eventually the story was told. Jesus had a plan – he knew how his mission would go and end. Do you think that perhaps Jesus wanted people to understand and follow his teachings before revealing the truth? Do we sometimes focus on Jesus as Savior at the expense of focusing on Jesus as Rabbi (teacher)?

**Pray:** Dear God, we are blessed that you chose to send your Beloved Son, Jesus, to us. Help us to listen to His message of salvation and His teachings on how to live our lives.

**Bless:** “\_\_\_\_\_, always keep in your heart that Jesus is the Beloved Son with whom God is well pleased.



Every night in every home



highs and lows



a Bible verse or story



about how the Bible reading might relate to your highs and lows



for one another's highs and lows



one another

[www.faith5.org](http://www.faith5.org)





*Souper Bowl of Caring has become an annual tradition for many congregations, schools and other youth-led groups, which can make a big difference for charities such as ours who serve the community's most vulnerable. During the week before the Super Bowl football game, dollars and canned goods are collected and donated through various Souper Bowl of Caring events.*

*The Souper Bowl of Caring is the ONLY fundraiser that every dollar goes to the Soup Kitchen. This is a great way to support their work.*

*We hope you will join the Souper Bowl of Caring team to tackle hunger on Super Bowl Sunday, February 11.*

*We will have 'Soup Pots' available to drop your donations in. If you want to donate cash, please use the envelope and write 'Souper Bowl' or just drop cash in the 'Soup Pot' and it will all go towards the Soup Kitchen.*

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*Emmanuel's Annual Congregational meeting*

*The Meeting scheduled for Sunday, February 25, 2024.  
It will be held immediately before worship.*

*Yearbooks will be distributed on that day and members of the Nominating Committee will be elected.*



Shrove Tuesday, Feb 13 6:30pm  
Fellowship Hall



#FEAST

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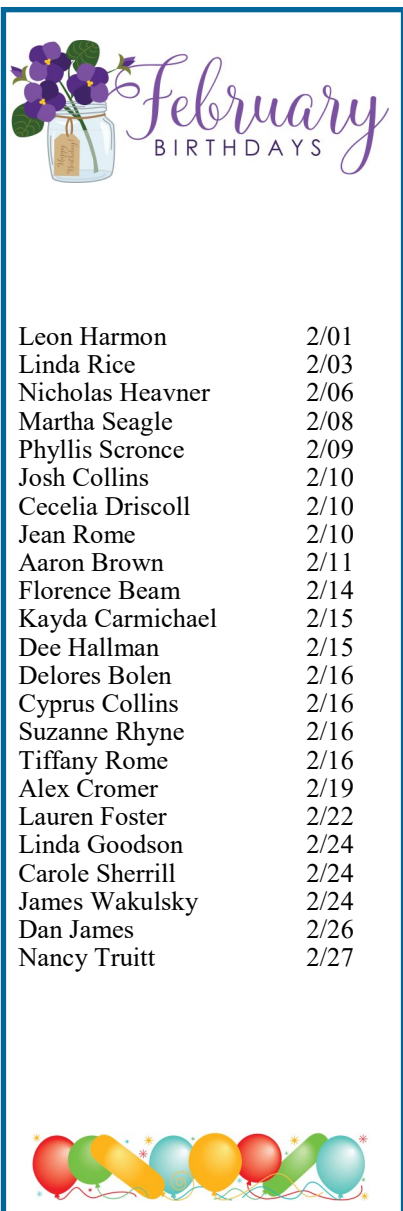


*February 14*  
*Service of Holy Communion*  
*With Imposition of Ashes*  
*At 7 PM in the Sanctuary*



EMMANUEL LUTHERAN CHURCH  
216 S Aspen St Lincoln, NC 28092

RETURN SERVICE REQUESTED



Leon Harmon	2/01
Linda Rice	2/03
Nicholas Heavner	2/06
Martha Seagle	2/08
Phyllis Scronce	2/09
Josh Collins	2/10
Cecelia Driscoll	2/10
Jean Rome	2/10
Aaron Brown	2/11
Florence Beam	2/14
Kayda Carmichael	2/15
Dee Hallman	2/15
Delores Bolen	2/16
Cyprus Collins	2/16
Suzanne Rhyne	2/16
Tiffany Rome	2/16
Alex Cromer	2/19
Lauren Foster	2/22
Linda Goodson	2/24
Carole Sherrill	2/24
James Wakulsky	2/24
Dan James	2/26
Nancy Truitt	2/27



Seeds of Hope

A PUBLICATION OF  
EMMANUEL LUTHERAN CHURCH  
PHONE: 704-735-9033



*Newsletter Content  
Contributors  
Bob Lake  
Ben Robinson  
WELCA  
North Carolina Synod*

Sunday worship, study and  
fellowship opportunities

Sunday School 9 AM Parlor  
Traditional Worship Service  
10:00 am in the Sanctuary

Service is live streamed on  
Facebook at 10 am each Sunday  
and will be posted to YouTube.